



PANTA Plus - Physical Activity, Nutrition, Tobacco and Asthma—A School Resource Guide

Would you like to
be a Member of the
KY Asthma
Partnership?

Email
jan.hatfield@ky.gov
for more information.

Resources to Check Out!

http://www.rampasthma.org/AAP/AsthmaActionPlan_english_blank.pdf

<http://www.getastmahelp.org/>

http://www.getastmahelp.org/documents/Tri-fold_EssentialInformation_85x11Finalrev.pdf

<http://www.getastmahelp.org/documents/GIST-Follow-Up-Tool.pdf>

<http://www.nhlbi.nih.gov/health/public/lung/asthma/>

Check it Out!!

Asthmapolis:
Public Health Data
in Action



Not One More Life

Not One More Life is an asthma education program dedicated to teaching others about asthma. In 2003 *Not One More Life*, a volunteer advocacy organization was founded by **Dr. LeRoy Graham**. As a board certified practicing physician, it was his vision to affect the health disabilities of asthma in the African-American community. *Not One More Life's* mission is to partner with communities of faith to provide asthma education to help reduce the negative impact of the disease among African-Americans. A team of doctors, nurses, respiratory therapists and other health educators work together to achieve this goal. For more information, please visit <http://www.notonemorelife.org/noml/aboutus.aspx>



Tobacco Free Schools (TFS)

Over 640,000 Kentucky youth attend public schools each year. In addition to education, schools strive to provide healthy environments and positive adult role models. While federal law prohibits smoking in school buildings, more and more school districts are taking the next step and passing 100% Tobacco Free School policies. A 100% Tobacco Free School (TFS) policy prohibits tobacco use by staff, students and visitors, twenty-four hours a day, seven days a week, inside Board-owned buildings or vehicles, on school owned property, and during school-related student trips. Studies show that schools with strongly enforced tobacco policies have fewer youth smokers than schools with more lax tobacco policies. To learn more, visit Kentucky's Tobacco Free Schools website, www.tobaccofreeschoolsky.org or contact Elizabeth Hoagland at ElizabethA.Hoagland@ky.gov.



First and Only Healthy Homes Certification Site in KY! Congratulations, Ashland-Boyd Co. Health Department!



The Ashland-Boyd County Health Department has partnered with the Kentucky Department for Public Health and the [National Center for Healthy Housing](#) in establishing the FIRST and ONLY Healthy Homes Training Site in the state!!! They will be hosting a second [Essentials for Healthy Home Practitioners Course](#) **October 2nd & 3rd** at the Ashland-Boyd Co. Health Dept., 2924 Holt Street, Ashland, KY. 41101. The National Environmental Health Association's Healthy Homes Credentialing Exam will be offered upon completion of the course on day two. The class is FREE, however, the exam is \$75 (cost is typically \$150). Registration is required! Scholarships are available on a first come first serve basis. Please take advantage of this opportunity while the exam is at a reduced cost and scholarships are available. If you are interested in becoming a certified Healthy Homes Specialist please contact Holly West, Program Manager, at 606-329-9444 ext.2223